**Unlock 1.0 Guidelines**

With another phase of the nationwide Lockdown coming to an end, the Centre issued ‘Unlock 1’ guidelines, allowing gradual re-opening of most of the activities across the country from June 8.

As states also gradually prepare to unlock the Lockdown, the challenge is to keep the rising the number of coronavirus cases in check.

Hence to get the life of Ashiana families back to normal and to start the day to day facilities. We all at Ashiana also should participate in opening of the facilities while keeping in mind the necessary precautions. Below are the guidelines and steps to follow for all of us.

General guidelines for all:

• All individuals must maintain a distance of 6 feet.

• Use of face covers/mask is mandatory.

• Respiratory etiquettes should be strictly followed.

• Spitting is strictly prohibited.

• A person above the age of 65 years, persons with comorbidities, pregnant women & children below 10 years are advised to stay home.

• Please do not share your personal items with anyone like water bottles/cycles/mats etc.

OVERVIEW for common areas:

Common area including Lifts, Park, Main Gate & Basement are the main and crucial part of the society. It’s everyone’s responsibility to keep it clean and safe for everyone around us.

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Lift/Lift Lobbies:

* Social distancing to be followed.
* Carpets and floors are to be cleaned frequently.
* Passenger lift will be dedicated to residents and service lift to staff, domestic helps/ vendors/ guests etc.
* Resident, Visitor or Vendor entering the lobby must wear mask and to be sanitized before entering.
* Lifts Buttons will be sanitized twice a day.
* More than 2 and 4 people will not be allowed to enter the lift and after entering social distancing will be taken care in the lift.
* Use of staircase should be encouraged.

For Park:

* No activity with large gathering will be held in the park.
* A group of more than 5 people at one place should be avoided.
* Frequent cleaning of common surfaces like tabletops, chairs, kids play areas and equipment’s or tangible items that are used & touched shall be mandate along with hand washing.
* Wearing a mask and carrying a sanitizer is mandatory in Park.

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Main Gate:

* All shall undergo the medical pre-examination by the medical practitioner at the location or shall submit their pre-medical examination document by a physician.
* Vendors to be allowed in a staggered manner.
* Main gate should be equipped with the latest containment zone list.
* Aarogya Setu App mandatory in device (exception if smart phone is not available)
* Wearing a mask and carrying a sanitizer is mandatory.
* Mandatory thermal scanning of everyone entering and exiting the workplace to be done.
* There should be strict ban of gutka, tobacco etc. and spitting should be strictly prohibited.
* Precautionary training to be given to all the guards by the Security Supervisor.

Services:

Domestic helps:

Part time staff (Domestic helps /Maids etc) will be allowed post filling up formality forms and approval from Estate Office. Pease contact on Helpdesk for forms & formalities.

Personal Drivers/Car Washers:

Entry will only be allowed post filling up formality forms and approval from Estate Office. Availability of Aarogya Setu app on is must for access to the project. Please contact on Helpdesk for forms & formalities.

Interior/wooden Works:

Maximum three persons will be allowed in one flat at a time, while maintaining the social distancing. Aarogya Setu app is mandatory for access to the project and Post written approval from Estate office. Pease contact on Helpdesk for forms & formalities.

Walking in the campus:

We strongly advise residents to go for solo walks or walk with co-residents of their own apartment only.  Kindly avoid group walks and practice social distancing.

For Club:

* Club In charge shall ensure that the spaces are sanitized well before start of any activity/sport.
* Aarogya Setu App Must be installed in device of every member. (Exception if smart phone is not available).
* Wearing mask is compulsory for everyone who is entering the facility for any purpose.
* Various posters, visuals and messages shall be displayed inside the Club House and prominent spaces that share an easy understanding of various aspects.
* Intensive communication & training on good hygiene practices for all staff viz. Maintenance, housekeeping, horticulture, security shall be taken up.
* Ensuring adequate arrangements for hand washing and cleaning shall be ensured in washrooms.
* Frequent cleaning of common surfaces like tabletops, chairs or tangible items that are used & touched shall be mandate along with hand washing. All seating spaces should have cross and tick marks to ensure social distancing while seating
* Wearing Gloves and Caps shall also be mandatory for housekeeping staff who are associated with cleaning of common surfaces and areas.
* No spitting in the premises.
* Access control to be deactivated till further instructions

Kids Room

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 5 kids shall be allowed at one time.
* All common spaces & surfaces shall be sanitized well before/after opening of the facility.
* Parents who accompany kids shall also be guided to a wear mask and use sanitizer as and when required.
* Only 30 Minutes kids shall be allowed, if there is waiting que.

Café/Waiting area/Activity room/Board games etc.

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 10 Member shall be allowed at one time & 2 players on one table.
* Only 30 Minutes each player shall be allowed what if someone is waiting.
* All common spaces & surfaces shall be sanitized well before/after opening of the facility.
* Parents who accompany kids shall also be guided to a wear mask and use sanitizer as and when required.

Badminton/Multipurpose Hall:

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 8+2 players shall be allowed at one time on playing time. Four players in per court & 2 players in seating area. Seating area should have cross and tick marks to ensure social distancing while the space is in use for seating.
* Only 30 Minutes each player shall be allowed what if someone is waiting.
* All common spaces & surfaces shall be sanitized well before/after use of the facility by the Members.
* Parents who accompany kids shall also be guided to a wear mask and use sanitizer as and when required.
* Only Non-marking shoes shall be allowed.

Gymnasium:

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 8 Members shall be allowed at one time.
* Each Member will use a machine/ equipment’s for 20 minutes, if someone is waiting.
* All common spaces & surfaces shall be sanitized well before/after every use of the facility by the Members.
* Please avoid sharing the water bottles/Yoga mats etc.
* Wearing gloves with using GYM are mandatory.
* Only Sports shoes shall be allowed.

Table Tennis Room:

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 4 players shall be allowed at one time on playing time. Two players per table.
* Only 30 Minutes each player shall be allowed what if someone is waiting.
* All common spaces & surfaces shall be sanitized well before/after opening of the facility.
* 5. Parents who accompany kids shall also be guided to a wear mask and use sanitizer as and when required.
* 6. Only Non-marking shoes shall be allowed.

Billiards Room:

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 4 players shall be allowed at one time on playing time. Two players per table.
* Only 30 Minutes each player shall be allowed what if someone is waiting.
* All common spaces/surfaces/sticks and balls shall be sanitized well before/after use of the facility by the Members.

Tennis:

* Wearing a mask and carrying a sanitizer shall be mandatory.
* Group of not more than 8+4 players shall be allowed at one time on playing time. Four players in per court & 4 players in seating area. Seating area should have cross and tick marks to ensure social distancing while the space is in use for seating.
* Only 45 Minutes each player shall be allowed, if someone is waiting.
* All common spaces & surfaces shall be sanitized well before/after opening of the facility.
* Parents who accompany kids shall also be guided to a wear mask and use sanitizer as and when required.
* Only Non-marking shoes shall be allowed.

Temple’s

* Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions.
* Only asymptomatic persons shall be allowed in the premises.
* All persons to be allowed entry only if using face cover/masks.
* Staggering of visitors to be done, if possible.
* Shoes / footwear to be preferably taken off inside own vehicle or at the designated place.
* Specific markings may be made with sufficient distant to manage the queue and ensure social distancing in the premises.
* Preferably separate entry and exits for visitors shall be organized
* Maintain physical distancing of a minimum of 6 feet at all times when queuing up for
* entry.
* People should wash their hand and feet with soap and water before entering the

premises.

* Seating arrangement to be made in such a way that adequate social distancing.
* Touching of statues/idols / holy books etc. not to be allowed.
* Large gatherings/congregation continue to remain prohibited.
* In view of potential threat of spread of infection, as far as feasible recorded devotional music/songs may be played and choir or singing groups should not be allowed.
* Avoid physical contact while greeting each other.
* Common prayer mats should be avoided and devotees should bring their own.
* No physical offerings like Prasad/distribution or sprinkling of holy water, etc.to be allowed
* Effective sanitation within the premises shall be maintained with particular focus on frequently touched items.
* Frequent cleaning and disinfection to be maintained by the management of the religious place.
* The floors should particularly be cleaned multiple times in the premises.
* Proper disposal of face covers / masks / gloves left over by visitors and/or
* employees should be ensured.

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (workers and visitors) in these places at all times.

These include:

* Individuals must maintain a minimum distance of 6 feet in public places as far as
* feasible.
* Use of face covers/masks to be mandatory.
* Practice frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be made wherever feasible.
* Respiratory etiquettes to be strictly followed. This involves strict practice of covering one’s mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
* Self-monitoring of health by all and reporting any illness at the earliest to state and district helpline.
* Spitting should be strictly prohibited.
* Installation & use of Aarogya Setu App shall be advised to all.